

Lunch Menu – August to December 2023

Dates		Monday	Tuesday	Wednesday	Thursday	Friday	
14/08/2023 04/09/2023 25/09/2023 23/10/2023 13/11/2023 04/12/2023	Week One	Hot Meal 1	Chicken Goujon Wrap with Salad & Corn on the Cob	Beef or Veg Chilli with Taco Shells and Salad	Breaded Fish, Chips & Peas	Sausages & Gravy Potato Waffles & Carrots	
		Hot Meal 2	Baked Potato with cheese, Egg Mayo, Tuna Mayo or Beans	Vegetable Spring Rolls with Salad	Veggie Fingers, Chips & Peas	Vegetable Soup with Finger Roll (choice of fillings)	
		Cold Meal	Finger Rolls, Wrap or Sandwich with Ham, Tuna Mayo, Egg Mayo, Chicken Mayo or Cheese				
		Dessert	Fromage Frais Fruit & Raisins	Rice Pudding Fruit & Raisins	Banana Cake Fruit & Raisins	Ice Cream Fruit & Raisins	
21/8/2023 11/09/2023 02/10/2023 30/10/2023 20/11/2023 11/12/2023	Week Two	Hot Meal 1	Mince & Mashed Potatoes	Sausage Roll, Chips & Beans	Hot Dog in a bun Coleslaw & wedges	Pizza, Wedges & Peas	
		Hot Meal 2	Vegan Nuggets, Smiley Faces & Vegetables	Vegan Sausage Roll, Chips & Beans	Tomato & Veg Pasta with Garlic Bread	Panini & Salad (choice of fillings)	
		Cold Meal	Finger Rolls, Wrap or Sandwich with Ham, Tuna Mayo, Egg Mayo, Chicken Mayo or Cheese				
		Dessert	Flapjack Fruit & Raisins	Fromage Frais Fruit & Raisins	Jelly Fruit & Raisins	Mini Custard Pot Fruit & Raisins	
28/08/2023 18/09/2023 16/10/2023 06/11/2023 27/11/2023 18/12/2023	Week Three	Hot Meal 1	Roast Been in Gravy, Yorkshire Pudding, Potatoes & Cabbage	Fish Fingers, Potato Waffles & Beans	Beef or Veggie Burger with Chips, Salad & Coleslaw	Steak Pie, Roast Potatoes and Vegetables	
		Hot Meal 2	Lentil Soup with Sandwich (choice of fillings)	Veggie Nuggets, Potato Waffles & Beans	Roll with Bacon, Sausage or Egg	Toastie with Salad & Coleslaw (choice of fillings)	
		Cold Meal	Finger Rolls, Wrap or Sandwich with Ham, Tuna Mayo, Egg Mayo, Chicken Mayo or Cheese				
		Dessert	Ice Cream Fruit & Raisins	Carrot Cake Fruit & Raisins	Fromage Frais Fruit & Raisins	Cheese & Biscuits Fruit & Raisins	

Each week

Packed Lunch:
Ham / Cheese/ Tuna / Egg / Chicken Sandwich or Roll

Or
Crackers & Dairylea

All served with fruit and raisins

Drinks – Water, Sugar Free Diluting Juice or Semi-Skimmed Milk – Available Daily