

Learning Services Lunch Menu – from August 2022

Dates		Monday	Tuesday	Wednesday	Thursday	Friday		
15/08 05/09 26/09 24/10 14/11 05/12	Week One	Hot Meal 1	Steak Pie, Potatoes and Veg	Roast Chicken, Mashed Potato & Veg	Fish Nuggets, chips & beans	Pizza and potato wedges		
		Hot Meal 2	Panini (cheese, ham, tuna or chicken)	Macaroni & Garlic Bread	Lentil Soup & Sandwich	Vegan Sausage Roll and Beans		
		Cold Meal	Sandwich or Roll (Ham / Cheese / Tuna / Egg / Chicken)					
		Dessert	Ice Cream or Fromage Frais	Jelly or Custard	Banana Cake or Fromage Frais	Jelly or Ice Cream	Each week Packed Lunch: Ham / Cheese/ Tuna / Egg / Chicken Sandwich or Roll or Crackers & Dairylea All served with fruit and raisins	
22/08 12/09 03/10 31/10 21/11 12/12	Week Two	Hot Meal 1	Sausage, Mashed Potato & Beans	Roast Beef, Roast Potatoes and Veg	Breaded Fish, Potatoes and Veg	Burger & Chips		
		Hot Meal 2	Tomato Soup & Sandwich	Baked Potato (Ham/ Cheese/ Tuna)	Panini (cheese, ham, tuna or chicken)	Veggie Fingers, Waffles and Beans		
		Cold Meal	Sandwich or Roll (Ham / Cheese / Tuna / Egg / Chicken)					
		Dessert	Angel Delight or Ice Cream	Carrot Cake or Custard	Fromage Frais or Jelly	Ice Cream or Fruit		
29/08 19/09 17/10 07/11 28/11 19/12	Week Three	Hot Meal 1	Fish Goujons, Cubes Potatoes & Veg	Hot Dog and Chips	Pizza & Smiley Faces	Chicken Goujons, Potatoes & Veg		
		Hot Meal 2	Toastie (Ham/ Cheese/ Tuna)	Vegan Chicken Nuggets, cube potatoes & Veg	Lentil Soup & Sandwich	Roll on Bacon, Egg or Sausage		
		Cold Meal	Sandwich or Roll (Ham / Cheese / Tuna / Egg / Chicken)					
		Dessert	Fromage Frais or Fruit	Rice Pudding or Fromage Frais	Jelly or Ice Cream	Chocolate Cake or Custard		

A selection of Fruit and Raisins available daily

Please note: there will be a maximum of one fried food item per week